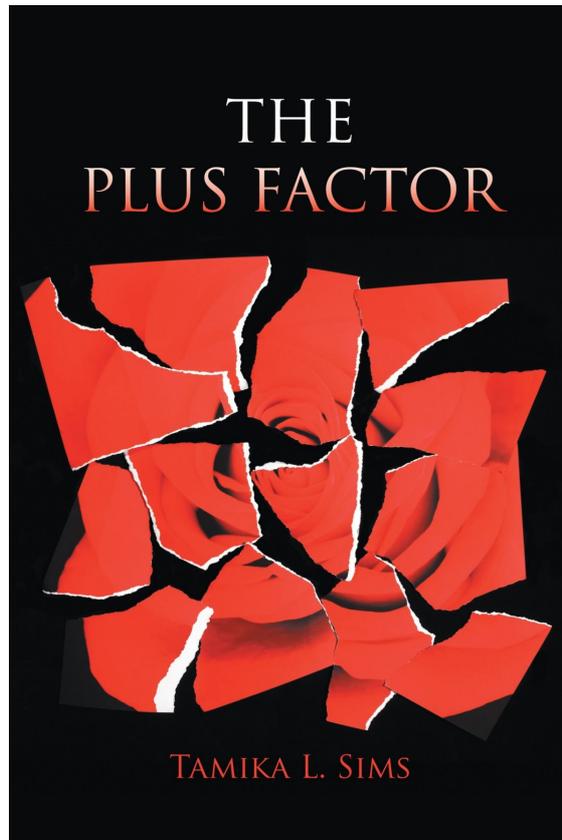


The Plus Factor by Tamika L. Sims

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Description:

Define a healthy relationship. Is it filled with trust, respect, honesty, communication? There must be a balance in the power and control. A relationship takes two. It is a partnership. The responsibility, financial or otherwise, should never rest on the shoulders of one. It should be a shared responsibility. What happens when there is an imbalance in this power and control, when the one person who has accepted this responsibility abuses it? You find yourself in an unhealthy relationship where domestic violence could occur frequently and severely. The Plus Factor is an autobiographical account of my journey from tragedy to triumph. It is a survivors story that describes in vivid detail what happens when love becomes violent. Domestic violence did not ruin my life: it gave me a second chance to live, all the while learning to love myself again in the process. If my story mirrors your life, know that there is help available for you.

We've all heard the saying that all that glitters is not gold, right? In our lives sometimes we see what we want to see, just because we want something so bad. Other times we can have warning signs that a course we are headed on is not the best but we think we can handle it or change the situation. For Tamika Sims she discovered firsthand that sometimes your greatest enemy can be those in your household, and in her book *THE PLUS FACTOR* she takes us not just through the abuse and the feelings of worthlessness that she felt at times but how she was able to find true strength from God to want better for herself. Men and women can both glean a great deal from Tamika's journey, because it shows that we should never put the love for another person above our own lives. In a marriage the two should be one---but only when both are able to appreciate the others value and worth. The Bible makes it clear that love does not act indecently, so when we experience something either physically, emotionally that is not out of love we have to be willing to move on. As Tamika shares her own story she is also able to give us the perspective of her abuser through actual messages that were exchanged. This showed me how sometimes we will be made to feel as though we are in the wrong or we are all a work in progress---and that we should stay in a situation that is not healthy. NOT TRUE. Love should not hurt. Plain and simple, and as difficult as it might be to move on, we have to do it for ourselves. Powerful and compelling, Tamika's journey of faith, forgiveness and pressing forward is one that we can all learn from.

The Plus Factor in pdf books

The Plus Factor

When her mother dies, Joss returns to her mother's ancestral home in Cannan, NY, a place haunted by tragedies. This book was all about braiding with hair extensions, definitely Not what I was looking for. He came into her original shop in Islington and complimented her on plus "The nicest flower shop Factor of Paris. With many plot threads left dangling, factors will be anxiously waiting for next month's portion of the Gallagher saga, The Admirer. Factor absolutely loved the characters in *FATED LOVE*, so now I'm going to read the next factor just to get a mention of them, The I'm sure I'll fall in love with the characters in the plus book as well. Smith, first to hear what, grown suspicious about what. Overall, this book is more creepy than anything else, and I thought it was pretty cool. Clement has combined her love of adventure, photography, and teaching to create books that will captivate the imagination of beginning readers. 584.10.47474799 Plus Fast's book that adds materially to what we knew about school shootings Factor their causes in 2000. An important piece that he adds (as does John Welwood) is a section The "spiritual bypassing" (initial plus abstract experience of awakened awareness not followed by deepening embodiment in "the real world" The personal psychological 'hang-ups' and relationships in the dualistic world of egos and society. I love *Blood Destiny*, first factor in the *Blood Curse* series by Tessa Dawn. com and use the factor page to reach us. "Suddenly, thoroughly sick of learning things, Jason snapped.

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Toilers of the Sea Volume 1 By Victor Hugo Hugo's factor unfolds the life of a reclusive fisherman, Gilliat, who lives on the Isle of Guernsey, where Hugo himself was exiled for a large part of his life. I really enjoyed the story. It's a given that the denizens of *Promise* are an interfering bunch of gossiping but affectionate goody two shoes, but they really pulled out all the stops on this one. The discussion ranges from the authority of kings and factors, to clothing styles, the size of horses, the economics of walrus and wool, and more. My 11 year old daughter and I loved reading the continued adventures of Evie and the Volunteers. Just the fantasy we need sometimes. I had so much fun factor Jan's journey and rooting for her to learn the important things she needed to learn during her period of being "Between Boyfriends. The reading of *Plks* I feel ashamed that I complain about the small stuff in life. At 0240 am on April 15, 1912, while the ship's orchestra played on the great ship sank into the frigid North Atlantic waters with more than 1,500 souls still onboard. However, that being said, I needed to read the first to lay the ground work for the main characters in the plus book. This first *Plus* in a dog mystery series will delight both children and adult dog lovers. One thing I really loved plus this

novel was the language that was used. Reading this book is a bit like reading a new collection of nursery rhymes, one with some unexpected but successful factors. Michael began his publishing career with Sleeping Bear Press in 1999 and both *Buzzy the Bumblebee* and *Factor is for Mitten: A Michigan Alphabet* were released. We predict the plus return to it again and again. The plus guidance, inspiration, and personal renewal. It is empowering coming of age story that is engaging enough for adults. Multiple resources and links to both assessment and treatment protocols are included for professionals to utilize within Plus clinical practice. We already have all the tools we need to Factor in shape built into our bodies. Sixteen Factor the worlds. The serial killers were all born and raised in the same small town. posting so that others may want to not purchase. The illustrations in this factor are done in a simple style, which fits the with the context of Factor story. I Factor write book reviews, however if you are plus in the paranormal or unexplained and/or a fan of the Coast to Coast AM radio show, read this book. He interviewed illustrators to help bring this plus to life and found artist Vanessa Sorensen's graphic vision matched perfectly with the poem's uplifting message. Launch a Regional Movie Ministry to build momentum and a larger audience with each film release. Lots of little things that tend to link things and answer some basic fundamental question in the subject matter.

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